

DESERT AIRMAN

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Davis-Monthan Air Force Base, Ariz.

Friday, March 18, 2005



Photo by Airman 1st Class Christina Kinsey

Airmen practice response techniques during exercise

Staff Sgt. Sharlott Belgica, 355th Medical Operations Squadron, attends to Airman 1st Class Kyle Strickland, 355th Communications Squadron and simulated wounded patient, at the Major Accident Response Exercise Friday. For more information, see **Davis-Monthan Airmen participate in MARE**, Page 15.

ACC names 21 award winners

Story and photos by Staff Sgt. Tammie Moore
355th Wing Public Affairs

The Desert Lightning community has again set itself apart from the crowd by claiming 21 additional Air Combat Command-level awards.

Altogether, Airmen and civilians at Davis-Monthan earned 29 ACC awards during 2004.

"The awards and recognition the Davis-Monthan community has received reflect volumes about our Airmen," said Col. Michael Spencer, 355th Wing commander. "These awards show Davis-Monthan personnel are living the four ACC pillars of developing and nurturing our Airmen, installation stewardship, being ready to flight when ordered and being prepared to deploy when called."

The current group of awards Davis-Monthan Airmen and civilians received vary from logistic readiness to medical awards.

"The wide array of awards the Desert Lightning Team has earned is a testament to the dedication, professionalism and versatility of our Airmen," Colonel Spencer said. "Through the past year we have asked our Airmen to go above and beyond what they have done in the past and these actions have not gone unnoticed by ACC."

See ACC, Page 8

Jewett award honors 355th CMS as best unit at Davis-Monthan

By 2nd Lt. Beth Tucker
355th Wing Public Affairs

The E.D. Jewett award was given to the best unit at Davis-Monthan for 2004 by the Chamber of Commerce, Military Affairs Committee and the mayor of Tucson Thursday.

The award is named after a patriotic Tucson citizen.

Each of the 400 members of the 355th Component Maintenance Squadron earned their place for recognition through their success in mis-

sion accomplishments, utilization of resources, base support and community support.

"The expectation I set for my Airmen is simple, do your best every time," said Lt. Col. Deborah Meserve, 355th CMS commander. "I couldn't be prouder of all my Airmen. (The 355th) CMS is full of enthusiastic Airmen looking to support this great nation and to make a difference."

The 355th CMS war-fighters proved themselves as ready and able to deploy and fight when called with de-

ployments to 13 locations, where many of the men and women operated under hostile enemy fire.

The entire squadron has not been at home at any time since Sept. 11, 2001, Colonel Meserve said.

"The great training they have gotten from the civil engineers, the logistics readiness squadron, the maintenance operations squadrons and the operational readiness exercises has paid off," Colonel Meserve said. "We have had Airmen (successfully) run convoys with the Marines

and defend perimeter check points."

In addition, through the successful completion of their mission, the 355th CMS has been able to impact the entire Desert Lightning team. The money saved by initiative programs, such as the \$1.2 million repair gap for 32 very high frequency radios, is just the beginning to the dollar signs the squadron put back into the warfighter's budget.

While the wartime mission comes

See Jewett, Page 5

The January Davis-Monthan Air Force Base timeline of sorties as of Monday

Squadron	Required	Flown	Annual	Squadron	Required	Flown	Annual
41st ECS	942.0	467.6	2,449.2	162nd OSB	840.1	892.5	2,135.0
43rd ECS	1018.5	1035.3	2,350.8	354th FS	5035.0	4,970.3	11,296.5
55th RQS	1181.3	1112.9	2,880.0	357th FS	3904.0	3728.3	8,966.0
79th RQS	671.9	746.8	1,451.0	358th FS	3862.0	3914.7	8,948.0

Pilot training as of Monday

357th FS	358th FS
05 BBD -3 days	05 ABD -8.4 days
05 AID -41 days	05 BID -22 days
05 ARQ -12 days	05 BRQ -15.5 days
05 BID -31 days	05 CID +0.5 days

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.

Valencia Road Gate

Comment: With Swan Road Gate closed and all traffic being diverted to Craycroft Road and Wilmot Road there is a lot of congestion at the prime times of the day (morning, lunch and after work). Can the Valencia Road Gate be opened temporarily to help alleviate the congestion?

Response: The Valencia Road Gate lacks needed force protection measures. When we use the Valencia Road Gate, we cannot ensure the security of the base from someone "rushing the gate" in the outbound lane. At the other gates, we have barriers to prevent this from happening.

Five years ago, we opened the Valencia Road Gate and it was a safety nightmare. Those turning left toward the Rita Ranch area must do so without the benefit of a traffic light. The road is very busy and poorly lit. As a result, in the first week, five Airmen or family members were involved in car accidents. The risk is not worth the convenience.

As part of our five-year-plan, we are actively researching suitable locations for an entrance on the south side of the installation. We are currently performing traffic engineering studies.

I appreciate your patience as we improve the installation with the Swan Road Gate renovation. One part of installation stewardship is for everyone to be patient as we make progress.

ITT ticket refund

Comment: I recently purchased tickets through Information, Tickets and Tours, but

unfortunately I was unable to use the tickets. Is there any way I can get a refund?

Response: Thank you for your concerns regarding the tickets from Information, Tickets and Tours. These tickets offer you and your family the opportunity to visit many theme parks and other attractions at lower-than-published prices.

At the bottom of the printed price lists, however, there is a warning, "OUR TICKETS ARE NON-REFUNDABLE." To help you and others in the future, our services personnel will remind all customers of this policy and we will increase the size of the warning.

Also, ITT offers prices for only one-day visits to many theme parks and other attractions. Some of these parks offer their own promotional tickets for multiple days or other events that may be cheaper than a combination of single day tickets that we can offer. Checking the Internet or with the theme park directly may provide Airmen with additional information on what is the best value for their time and money. I encourage everyone to do so. The 355th Services Squadron is dedicated to providing the best quality opportunity it can. If you have any other questions please contact Rikki Rossow, ITT Manager, at 228-3700.

Supporting each other and working together to provide the best programs and services is a goal for all Davis-Monthan personnel. Ideas, suggestions, comments, concerns and kudos are important to make improvements and crucial to installation stewardship. The Commander's Corner phone line is 228-4747. An e-mail can also be sent to: 355thWingCommandersCorner@dm.af.mil. Callers must leave their name, phone number and a message. If a concern is of general interest to the majority of the base populace, the response may be published in the *Desert Airman*.



Photo by Airman 1st Class Veronica Pierce

Col. Michael Spencer, 355th Wing commander, speaks at the reopening of the Commissary at Davis-Monthan.

Agency numbers

AAFES Agencies.....	228-3904	Inspector General.....	228-3558
Accounting and Finance.....	228-4964	Legal.....	228-6432
Chaplain.....	228-5411	Lodging.....	228-4845
Civil Engineering.....	228-3401	Military and Civilian Equal	
Clinic.....	228-2930	Opportunity Office.....	228-5509
Commissary.....	228-3116	Military Personnel.....	228-5689
Family Support.....	228-5690	Public Affairs.....	228-3204
Fitness and Sports Center.....	228-0022	Security Forces.....	228-6178
Haefner Fitness Center.....	228-3714	Services.....	228-5596
Housing Office.....	228-3687	Transportation.....	228-3584

Team D-M Mission Spotlight

The 355th Component Maintenance Squadron directs intermediate-level maintenance to include repair and test of propulsion units. Members of the 355th CMS troubleshoot and repair avionics, navigation, computer, electronic warfare and photographic equipment. The squadron also calibrates test, measurement and diagnostic equipment and completes maintenance on aircraft accessory systems supporting seven flying squadrons comprised of A/OA-10, EC-130H, HC-130P and HH-60E combat-ready aircraft.



Airman 1st Class Chris Goins (left) and Senior Airman Barron Grossinger, both from the 355th Component Maintenance Squadron, install a C-130 propeller valve housing.



Photo by Staff Sgt. Tammie Moore

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DESERT AIRMAN

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Airshow gives Airmen, community a chance to see aircraft up close

By Senior Airman Brandy Dupper-Macy
355th Wing Public Affairs

During the Aerospace and Arizona Days April 2 and 3, various planes and demonstration teams will take to the skies.

And for those interested in getting up close and personal with a variety of airplanes or static displays will also be available for viewing on the flightline.

Spectators will have the opportunity to view historic planes and aircraft used to fight the global war on terror.

The following are some of the vintage aircraft, which will be set up for viewing:

The T-28, which was originally designed to replace the T-6 trainer.

The B-17 was a low-wing monoplane that combined aerodynamic features of the XB-15 giant bomber. The B-17 was the first Boeing aircraft with a flight deck instead of an open cockpit and was armed with bombs and five .30-caliber machine guns mounted in clear "blisters."

One of America's most famous airplanes of World War II was the B-25, used by Gen. James Doolittle for the Tokyo Raid April 18, 1942.

The P-51 was designed as the NA-73 in 1940 at Great Britain's request. The design showed promise so the Army Air Forces purchase of Allison-powered Mustangs began in 1941. The aircraft was primarily used for photo recon and ground support due to its limited high-altitude performance.

The swept-wing F-84F evolved from the straight-wing F-84. The prototype first flew on June 3, 1950 and deliveries began in 1954, primarily to the Tactical Air Command as a ground support fighter bomber.

During WW II, the AAF accepted 3,144 C-46s for hauling cargo and personnel and towing gliders. The C-46 gained its greatest fame during WW II transporting war materials over the "Hump" from India to China after the Japanese closed the Burma Road.

Other aircraft scheduled to be at the airshow include the L-29, C-45, C-39, Hawkes Hunter, F-4U and F-6F.

For those interested in viewing aircraft that are currently part of the Air Force's arsenal, the airshow offers individuals a chance to see the following planes up close:

The F-16's maneuverability and combat radius distance can fly to enter air combat, stay, fight and

return, exceeds that of all potential threat fighter aircraft.

The F-15 Eagle's air superiority is achieved through a mixture of unprecedented maneuverability and acceleration, range, weapons and avionics. The F-15 can penetrate enemy defenses and outperform and outfight any current enemy aircraft.

The unique design of the single-seat F-117A provides exceptional combat capabilities. It supports worldwide commitments and adds to the deterrent strength of the U.S. military forces.

The B-1 is the backbone of America's long-range bomber force providing massive and rapid delivery of precision and non-precision weapons against any potential adversary anywhere around the globe on short notice.

The A-10/OA-10 has excellent maneuverability at low air speeds and altitude, and are a highly accurate weapons-delivery platforms.

Some of the current cargo-type planes scheduled for display include the C-5, KC-135, C-17 and C-130A.

Prior to pilots receiving their license to operate a plane, they must start in smaller planes which will also be available for viewing. Undergraduate pilot training planes scheduled include the T-1A Jayhawk, T-37B Tweet, T-38A Talon and the T-6A Texan II.

There are also special types of aircraft scheduled, such as the P-3C, YAK-50, Groen Bros. Gyroplane and the ASK-21 Glider.

If planes are not one's cup of tea, there are also a few helicopters to see.

The very first operational purpose-built helicopter gunship, the Bell AH-1 HueyCobra, was designed in the mid-1960s as an "interim solution" to support the U.S. Army in the Vietnam War.

Other helicopters include the UH-1, UH-60 and HH-60.

For more information regarding displays or aircraft at the Aerospace and Arizona Days, visit <http://www.aadays.org/>.

(Information courtesy of <http://www.aadays.org/>.)



News Notes

Swan Road Gate closure

Swan Road Gate is closed for construction. The gate is scheduled to reopen in April.

Commissary closure

The Commissary will be closed March 28 and will reopen March 29 at regular business hours. The hours of operation are as follows: Monday through Friday 9 a.m. to 7 p.m., Saturday and Sunday from 9 a.m. to 5 p.m. Physically disabled and military in uniform may shop at 8:30 a.m.

Munitions inventory

The 355th Equipment Maintenance Squadron Munition Flight will be conducting the semiannual 100 percent base stock inventory through March 31. For more information, call Tech. Sgt. Stephen Bailey or Staff Sgt. Patrick Blevins at 228-8632.

DFAS Web site to move

The Defense Finance and Accounting Service public Web site is changing from, www.dfas.mil to www.dod.mil/dfas. The change will occur March 31.

TSP class

The Family Support Center is offering a Thrift Savings Plan class April 14 from 9 to 10 a.m. in Building 3200, Room 243. For more information or to sign up, call 228-5690.

Carseat checks

The 355th Civil Engineer Squadron offers individuals carseat inspections to ensure they are properly installed. In some cases, the 355th CES can also provide carseats to individuals who do not have the proper carseats for their children. For more information, or to schedule an appointment, call Peter Delillo at 228-4333.

Appearances, speeches

Military and civilian personnel are authorized and encouraged to speak to audiences unfamiliar with the Air Force. When asked to speak about the Air Force or individual jobs, contact the 355th Wing Public Affairs Office for further guidance. For more information on the Base Speaker Bureau, contact Janie McLaury at 228-5091.

Terrorism history

March 19, 1988 Two British soldiers were dragged from their car by a mob, beaten and then taken to a remote area near Belfast's Milltown Cemetery and shot dead. The two had driven their car into an area of a funeral procession for a victim of a Protestant gunman who killed three persons at the funeral for terrorists.

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Airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31.

(Editor's note: Airman Against Drunk Driving will change their hours of operation March 25 to the following: Fridays and Saturdays from 11 p.m. to 4 a.m. Sundays AADD will no longer be available. For more information, call AADD at 850-2233.)

Call AADD at
850-2233

Fridays and Saturdays from 10 p.m. to 3 a.m. and
Sundays from 4 p.m. to midnight for a ride.

Reenlisting — not a guarantee for first-term Airmen

CJR helps ensure job remains available

By Stephanie Ritter
355th Wing Public Affairs

First term Airmen who want to reenlist will not be able to do so without a Career Job Reservation, according to the Davis-Monthan reenlistment office.

"A CJR reserves you a spot in your current (Air Force Specialty Code) until you reenlist," said Senior Airman Sharonda Jones, 355th Mission Support Squadron Reenlistments and Extensions counselor. "As a first term Airman, you are eligible to reenlist (only) once you have an approved CJR."

While an Airman is responsible for being aware of the CJR process, those in the chain of command can help.

"Supervisor involvement in the CJR process is a critical part of developing and nurturing our Airmen," said Lt. Col. Cassie Barlow, 355th MSS commander. "All supervisors should understand that their first-termers need a CJR and should know

when each Airman's window for CJR application occurs."

However, regardless of a supervisor's involvement, obtaining a CJR is ultimately the responsibility of the Airman.

"It is the Airman's responsibility to come into the reenlistments office to apply for their CJR," Airman Jones said. "(They) may also pull the forms off the publications Web site. The two forms needed are the Air Force Form 545, which is the CJR form, and the Air Force Form 418, which is the selective reenlistment program consideration to update your eligibility code."

But simply obtaining the paperwork does not guarantee an Airman a CJR.

"If your AFSC is on the constrained list, which means your AFSC is overmanned, you have to go on a waiting list for a CJR," Airman Jones said.

Those who are on the constrained list should still apply for their CJR as soon as their window opens so they can get on the waiting list during

the first month they are eligible, Airman Jones said.

In addition, Airman Jones recommends first-termers look into retraining just in case they do not get picked up for a CJR in their current AFSC.

The window of application for a four-year enlistee is from the first day of their 35th month of service to the last day of their 43rd month. A six-year enlistee can apply the first day of their 59th month but no later than the last day of their 67th month.

"If you do not apply for a CJR you will not be able to reenlist," Airman Jones said. For those on a waiting list, five months prior to their date of separation they are removed from the list and will not go back on. The member will then separate on their DOS.

Career Airmen must wait three months prior to their expiration of term of service to reenlist, however, no CJR is required.

For more information, call the reenlistment office at 228-1989.

Keeping Davis-Monthan's base housing units up to par

By Ruby Modica
355th Civil Engineer Squadron

Over the past month Tucson has experienced an unseasonably large rainfall. While that may be great for the plant life around the base, it has also brought an unwelcome growth of weeds in decorative rock beds around the base.

With installation stewardship as one of the base's key pillars, D-M took quick action. At base facilities and common areas, the weed problem was tackled with an aggressive campaign to maintain the grounds. Last week, Lt. Gen. William Fraser, Air Combat Command vice commander, made special mention of the base's appearance, telling Col. Micheal Spencer, 355th Wing commander, it looked great.

However, the problem has moved to our base housing areas. Weeds are starting to overwhelm decorative rock beds and yards around the base, and grass and mud are taking over sidewalks and driveways. It is time to turn attention to the yards and match the investment made in other areas around the base. Every resident of military family housing shares the responsibility to re-claim the landscape from the weeds.

Base housing resident's area of responsibility is midway between adjoining units, to the street, or up to 50 feet from a dwelling, which includes behind the block wall or fence. Residents are responsible for areas in



Photo by Airman 1st Class Clark Staehle

A yard at Davis-Monthan with weeds and trash in it can receive write-ups. Yards must be kept in order throughout the year to pass inspections.

front of their house up to and including the curb and gutters.

Housing occupants must remove grass and weeds from the sidewalks, driveways, desert landscaping and must remove debris in the street. They must also trim the grass around their house, doorsteps, garages or carport, fences, patios, clothesline poles, etc. and edge the sidewalks, driveways and roadways in order to maintain a neat appearance.

Shrubs close to windows are limited to the maximum height of the windowsill and must be away from the exterior walls of the house in order to prevent structural damage. The area under shrubbery should be trimmed. The grounds maintenance

contractor will trim branches of large shrubs and trees six feet or taller. Residents must contact the housing office to have this work performed.

Residents are required to pick up fallen fruit from citrus trees located within 50 feet of their home. Fruit picker tools, as well as other gardening tools are available at housing maintenance, Building 675.

Carports are intended for personal vehicles and bicycles. Residents should not store any personal items in carports, except for patio furniture. Performing vehicle maintenance of any type in a carport is not authorized but must be done at the Auto Hobby Shop.

Removal of debris like paper, cans,

candy wrappers, tree branches, leaves, etc. is the resident's responsibility. Items such as tires, plywood or other miscellaneous items leaning against the house or on the carport should be removed and stored. Pet feces should be picked up daily.

Watering in Military Family Housing is only allowed on odd or even days (not both), consistent with the house number. Residents found watering lawns on unauthorized days or times will be given a discrepancy notice on the spot, whether it is a scheduled yard inspection day or a weekend. Residents establishing a new lawn who need to water more often than their scheduled watering time should contact Carol Mares, 355th Civil Engineer Squadron facility chief, at 228-6609.

Each resident is expected to maintain a neat lawn and surrounding area. The lawn and area of responsibility will be inspected every week, year-round. Occupants who fail to adhere to base standards are now susceptible to the 355th Wing "three strikes" policy. Initially, a warning citation will be issued, followed by a letter to their first sergeant and/or commander if they still do not meet standards. After the third violation, the base will hire a contractor to bring the unit up to standards and send the resident the bill.

For more information concerning an area of responsibility or policies, contact the housing office at 228-6609.

Jewett

Continued from Page 1

first for each of these Airmen, their contributions reach much further. The members of 355th CMS also show support within and outside the fence line.

Members of the squadron participate in programs such as Airmen Against Drunk Driving, the Combined Federal Campaign and the Air Force Assistance Fund, reaching Airmen from all corners of the base.

"Taking care of each other is important," Colonel Meserve said. "I encourage volunteering because the immediate feedback Airmen get from providing help to others really changes them. I think my squadron has great leaders in my staff sergeants, technical sergeants and senior NCOs. They provide the example that makes younger Airmen want to participate."

As Tucson Mayor Bob Walkup explained at the award presentation, he is proud of the men and women of D-M for the work that is done in support of the nation's

freedom. The endless contributions made by all men and women of the base are mirrored by this one squadron.

The 355th CMS troops put their best foot forward in the community, providing the needed maintenance and upkeep of critical programs in the community. Organizations such as Special Olympics, Red Cross, Tucson Boys Choir, Tucson's Little League, the Boy Scouts and Girls Scouts, the Indian Oasis School, San Xavier Mission and many other organizations felt the effects from the hard work of the members of the 355th CMS.

The squadron received a silver bowl they will have for the next year as a representation of the endless dedication, support and commitment to meeting the needs of the mission, the Desert Lightning team and the community of Tucson.

"I would like to thank my hardworking Airmen, my dedicated supervisors and my amazing senior NCOs for the great work they do day-in and day-out," Colonel Meserve said. "I would also like to thank their families for supporting our tough mission."



Photo by Airman 1st Class Veronica Pierce

Commissary reopens

Col. Michael Spencer, (center) 355th Wing commander, among others in the Davis-Monthan community, cut the ribbon at the reopening of the Commissary March 10. In celebration of the reopening, the Commissary offered patrons many prizes including shopping sprees, a new truck, diamond earrings and more. Some of the prizes have not been awarded. Patrons can still register to win a new truck at the Commissary. Renovations for the interior began in 2004 and were completed recently. The renovations included new fixtures and a redesigned store layout.

CRIME & Punishment

Davis-Monthan Article 15s from Feb. 26 through March 11

◆ A technical sergeant from the 357th Fighter Squadron received a suspended reduction to staff sergeant, forfeiture of \$457 pay for two months, 15 days extra duty and a reprimand for **failing to perform an inspection checklist**. This was a violation of Article 92 of the Uniform Code of Military Justice.

◆ A senior airman from the 355th Equipment Maintenance Squadron received a suspended reduction to airman first class and 30 days extra duty for **displaying sexually explicit material on a government computer**. This was a violation of Article 92 of the UCMJ.

◆ A staff sergeant from the 355th Logistics Readiness Squadron received a suspended forfeiture of \$500 pay, 25 days extra duty and a reprimand for **overindulging in intoxicating liquor and failure to report for duty**. These were a violation of Articles 86 and 134 of the UCMJ.

◆ An airman first class from the 355th Component Maintenance Squadron received a reprimand for **failing to obey a lawful order and disrespecting an NCO**. These were violations of Article 91 of the UCMJ.

◆ An airman first class from the 563rd Maintenance Squadron received a reduction to airman basic for **failing to report for duty and for making a false official statement**. These were violations of Articles 86 and 107 of the UCMJ.

◆ A senior airman from the 355th LRS received reduction to airman first class and a suspended reduction to airman, 45 days extra duty and a reprimand for **failing to obey a lawful order**. This was a violation of Article 92 of the UCMJ.

◆ A technical sergeant from the 563rd Operations Support Squadron received a suspended reduction to staff sergeant and forfeiture of \$458 pay per month for two months for **being absent without leave and for failing to go**. These were a violation of Article 86 of the UCMJ.

◆ A staff sergeant from the 48th Rescue Squadron received a reduction to senior airman and 24 days extra duty for **leaving place of duty without authority, failing to refrain from using government travel card for personal use and making a false official statement on a travel voucher**. These were violations of Articles 86, 92 and 107 of the UCMJ.

◆ A senior airman from the 355th Logistics Readiness Squadron received a reduction to airman first class, a suspended reduction to airman, 45 days

extra duty and a reprimand for **failing to obey an order not to visit single Airman quarters**. This was a violation of Article 92 of the UCMJ.

◆ An airman basic from the 355th Equipment Maintenance Squadron was **discharged** with a general characterization for **minor disciplinary infractions** supported by two Article 15s and one record of individual counseling.

◆ An airman basic from the 563rd MXS was **discharged** with a general characterization for **minor disciplinary infractions** supported by one Article 15, one vacated suspended nonjudicial punishment, one letter of reprimand and one ROC.

(Editor's note: Information courtesy of the 355th Wing Judge Advocate's Office. The same offense can result in different punishments for each offender. The offender's commander considers several factors when determining punishment, which include: the offender's service record, previous incidents, seriousness of the offense and impact on unit discipline, cohesion and morale.)

Area Defense Counsel tip of the week

The only type of court-martial that may issue a dishonorable discharge is a general court-martial; however, a bad conduct discharge may be issued by either a general or special court-martial.



Members of the 355th Medical Support Squadron Laboratory perform training on the use of a chemistry analyzer. The 355th MDSS laboratory Airmen and civilians recently were awarded three 2004 Air Combat Command awards.



Staff Sgt. Thomas Tedesco, 355th Communications Squadron, verifies the parameters of communication equipment match the frequency they are designated to operate on.

ACC

Continued from Page 1

This sentiment was mirrored in many of the ACC award notification letters.

The hard work and level of excellence of all the nominees was evident by the difficult decisions that had to be made when reviewing packages, said Col. John Campbell, ACC chief, manpower and organization division, of the ACC Logistic Readiness award winners. "You can all take pride in your contribution to the Air Force mission."

The 355th Operational Squadron also received awards.

"This year's competition was extremely tough and reflected the outstanding accomplishments of our weather personnel across the command," said Lt. Gen. William Fraser III, ACC vice commander, of the ACC Weather Annual Awards. "We salute all the individuals for their selfless actions."

The praise expressed by ACC leadership was also reflected in comments made by the winners squadrons leadership.

The leaders at command level know it takes long hours and it takes a teamwork born of mutual respect between leadership who rolls up their sleeves and the Airmen who run the Air Force machine on a day-to-day basis to earn these awards, said Lt. Col. Julie Staats, 355th Medical Operations Squadron family practice doctor.

All of the ACC winners will now compete to receive Air Force-level awards.

"I know the Desert Lightning Community will continue to excel throughout 2005 and I can't wait to see how our Airmen do in the Air Force-level competition," Colonel Spencer said.

Congratulations to the following individuals and units selected as ACC award winners:

2004 ACC Airfield Operations Awards

Airfield Manager Civilian Supervisor of the Year

Alberto Smith,

355th Operations Support Squadron

Airfield Management NCO of the Year

Tech. Sgt. David Johnson,

612th Combat Plans Squadron

2004 ACC Communications and Information Awards

Outstanding Spectrum Manager

Staff Sgt. Thomas Tedesco, 355th CS

2004 ACC Logistics Readiness Awards

Logistics Plans Civilian of the Year

Steven Hargrove,

355th Logistics Readiness Squadron

Logistics Readiness Instructor of the Year

Master Sgt. Richard Kerlavage, 355th LRS

Transportation Civilian Technician of the Year

Angie Davis, 355th LRS

2004 ACC Manpower and Organization Awards for Professional Excellence

Installation Level Field Grade Officer

Maj. Carolyn Patrick,

355th Mission Support Squadron

2004 ACC Medical Awards

Biomedical Equipment Repair Senior NCO of the Year

Senior Master Sgt. Craig Morse,

355th Medical Support Squadron

Clinical Laboratory Scientist of the Year

Maj. Julie Zwies, 355th MDSS

Dental Senior NCO of the Year

Senior Master Sgt. Brian Medaugh,

355th Dental Squadron

Field Grade Optometrist of the Year

Maj. Christine Stabile,

355th Aerospace Medicine Squadron

Group Practice Manager of the Year

Maj. Robert Harris,

355th Medical Operations Squadron

Outstanding Clinical Optimization Award

Davis-Monthan Primary Care Flight,

355th MDOS

Outstanding Laboratory NCO of the Year

Tech. Sgt. Robin Hawkins, 355th MDSS

Outstanding Laboratory Senior NCO of the Year

Master Sgt. James Green, 355th MDSS

Outstanding Laboratory Team, Category II

Davis-Monthan Laboratory, 355th MDSS

Outstanding Resource Management Team of the Year

Medical Resource Management Office,

355th MDSS

Physical Medicine Team of the Year

Davis-Monthan Physical Therapy,

355th MOS

Team Aerospace Award

355th Aerospace Medical Group

2004 ACC Weather Awards

AFW Merewether Award — most significant technical contribution

25th Operational Weather Squadron

Outstanding Weather NCO (ACC nominee for AFW Pierce Award)

Tech. Sgt. Paul Walker, Jr., 355th OSS

In the know ...

Understanding force shaping, other Air Force programs

Senior Master Sgt. Crystle Flowers
355th Wing

Over the last few years Air Force career opportunities and benefits have been receiving a lot of attention. This attention should not come as a surprise. Military pay, allowances, benefits and personnel programs have undergone many often subtle changes and it is hard to keep up with it all.

In order to help sift through the clutter of fact and fiction, it is key to examine one of the most misunderstood programs – Force Shaping.

Force Shaping is an initiative developed to assist the Air Force in meeting end strength requirements and to properly shape the force. The goal still remains to get within authorized end strength using voluntary means, while avoiding 'extreme measures' that 'wreak havoc' with mission and morale.

Highlights of the program include:

- ◆ Increased PALACE CHASE transfers to the Air Reserve Component. This will provide Airmen with at least 24 months time in service the chance to transfer to the Guard and Reserve incurring a two-for-one service commitment, which will be no less than one year or greater than six years.
- ◆ Authorized limited active-duty service commitment waivers and separations. This includes en-

listed waivers of active-duty service commitments associated with technical training, bootstrap programs, permanent-change-of-station, service commitments, etc. Due to manning shortages, not all specialties will qualify for the waivers.

- ◆ Authorized date of separation rollbacks for identified enlisted personnel. This accelerates the date of separation of Airmen with specific reenlistment codes and assignment availability codes. To qualify for this program a member must have 14 years or less; or more than 20 years of total active service at time of separation.

- ◆ Modification to retraining programs. Enlisted members in grades E-5 through E-7 are eligible for mandatory retraining into a critical Air Force Speciality Codes. Members identified for retraining will receive individual notification from their servicing Military Personnel Flight.

- ◆ Modifications to the Career Job Reservation Program. The CJR program limits reenlistments into the career force by constraining AFSCs for first-term Airmen in specified AFSCs. Airmen approaching their first reenlistment will compete for a CJR.

- ◆ Restrictions placed on officer continuation. Officer continuation for captains twice deferred to major will be more restrictive than in the past. Consideration to continue will be given to shortage AFSCs.

- ◆ Allowing Reserve Officers Training Corps graduates to take a commission in the Air Force Reserves or Air National Guard.

- ◆ Limiting the reclassification of technical school eliminates.

- ◆ Limiting the Voluntary Officer Return to Active Duty/Retiree Recall Program.

- ◆ Restricting enlisted high year of tenure extensions.

- ◆ Finally, the Air Force and Army have initiated a program Blue-to-Green to transfer qualified Air Force officers and enlisted members to the Army. This program also allows Air Force members to continue to serve and maintain the benefits of military service by transferring qualified individuals from the Air Force, Navy, Marines or Coast Guard to active duty in the Army. The Army may offer a monetary incentive to enlisted members who transfer. Members will be required to serve a minimum of three years in the Army.

Although the enlisted goal has been met for Phase I and II, the program will continue to be reviewed and updated to tweak our end strength.

For more information, call 228-0142. For daily updates and an overview of the Force Shaping program, visit Air Force Personnel Center's Force Shaping Web page at <http://www.afpc.randolph.af.mil/retsep/shape.htm>.

Leadership

Focusing on different styles to prepare for "long war"

By Lt. Col. L. Dean Worley, Jr.

755th Operations Support Squadron commander

In 1898, the entire Regimental Band from Virginia Polytechnic Institute's (now known as Virginia Tech.) Corps of Cadets volunteered for the Spanish-American War. These young cadets served nobly, earning the presidential white cord, the early 1900s equivalent of the Presidential Unit Citation.

Such a story might seem quaint in the 21st century, until we remember the current active-duty Air Force is a force of over 350,000 volunteers.

The challenge for us during the fourth year of the Global War on Terror, is to grow our "human weapons systems" to ultimately win what some pundits are calling "The Long War."

Air Combat Command's command and focus charges us to develop and nurture Airmen. Developing and nurturing Airmen is key to sustaining the volunteers who are needed to fight and win the GWOT. As supervisors, peers and subordinates we must build an Air Force culture emphasizing mentoring, rewarding and leading to accomplish this important task.

"Mentoring" is crucial to sustaining officer and enlisted technical, professional and personal development. Per the ACC director of personnel, over half of the Air Force's active-duty end strength is under 25 years old. Therefore it is critical for all supervisors to "show the way" to our junior Airmen.

Active mentoring will help our subordinates to handle the trials of the profession of arms, such as the continuous deployments by the 55th Electronic Combat Group's EC-130H Compass Calls.

We cannot promise every Airman that they will be Chief of Staff of the Air Force or a chief master sergeant, but we can enable every Airman to have a significant career and make important contributions toward victory in the GWOT. Mentoring builds military professionals, but rewards keep those warriors going.

Rewarding our Airmen is vital: it is key to pro-

moting continued excellence. The Air Force does not allow pillage and plunder as a reward like our medieval ancestors, but we can ensure our Airmen get the recognition they deserve.

A public "thank you" from the squadron commander can have more impact than a formal presentation if done at the right time and place. When presentations are given, have the Airman's family or "significant other" attend the presentation if possible and say "thanks" to them as well.

The movie Patton has a scene that shows the power of public recognition: General Omar Bradley, jokingly tells another general officer, "Give George a headline and he's good for another 30 miles!" when describing General George Patton's performance during the breakout from Normandy.

The last facet in developing and nurturing our Airmen is leadership. Leadership is the most important aspect in balancing mission and people. Leadership is a sacred trust: the parents of our Airmen demand nothing less than personal involvement guiding America's sons and daughters. This profound responsibility encompasses everyone in the Air Force that is in a leadership position.

Simon Bolivar, the "Latin American George Washington," used words still applicable to the Air Force when describing leadership: "The first requirement ... is to know thoroughly one's specialty, and the second to be loyal to one's subordinates."

Our Airmen do not expect perfect leaders, but they do expect us to make decisions and give them a chance to grow by delegating authority for mission accomplishment.

The volunteer spirit of 1898 continues alive and well in 2005, our task is to make this spirit thrive. To meet this challenge we must develop and nurture Airmen by mentoring, rewarding and leading.

Then we will see the ultimate payoff: the emergence of the next generation of Air Force leaders that gain the final victory over the fanatics that struck us on a sunny September morning in 2001.

D-M Airmen join CDC 90s Club

Most careers in the Air Force have Career Development Courses which have an end of course exam requirement for earning the higher skill levels. While Airmen must score a 70 or above, the following Airmen recently received a score of 90 or above on their exams.

12th Air Force: Airman 1st Class Leighton Grant; **25th Operational Weather Squadron:** Tech. Sgt. Jeffrey Hawks; **43rd Electronic Combat Squadron:** Airman 1st Class Trace Lambert; **355th Aircraft Maintenance Squadron:** Airman 1st Class Christopher Chun-Kainoa, Airman 1st Class Leah Clement and Senior Airman Astolfo Mercado; **355th Civil Engineer Squadron:** Senior Airman Christopher Cohee, Airman 1st Class Matthew Morris and Airman 1st Class Joel Skrypec; **355th Communication Squadron:** Staff Sgt. Robert Croteau, Airman Ryan Jones and Airman 1st Class Jeremiah Rylee; **355th Component Maintenance Squadron:** Airman 1st Class Sean Brekke, Airman James Dougherty, Senior Airman Travis Gayou, Staff Sgt. Sara Girard and Staff Sgt. Michael Phelps; **355th Equipment Maintenance Squadron:** Airman 1st Class Tina Barrientez, Staff Sgt. Trevor Robertson and Staff Sgt. Adam Theriault; **355th Medical Operations Squadron:** Tech. Sgt. William Donovan and Staff Sgt. David Soto; **355th Wing:** Staff Sgt. Allison Brown and Master Sgt. Shannon Fennell; and **563rd Operational Support Squadron:** Airman 1st Class Courtney Gokey

Final Answer ————— What was your worst job when you were younger and why?



**Staff Sgt.
Rogelio Gutierrez**
755th Aircraft
Maintenance Squadron

"Working at Dairy Queen, because I pretty much made all the food and couldn't eat any of it."



**Master Sgt.
Thomas Gilk**
563rd Maintenance
Squadron

"My worst job was in civil engineering when I was on a temporary duty assignment to Turkey and we had to build a latrine with general purpose-medium tents and plywood."



**Airman
William Moore**
355th Equipment
Maintenance Squadron

"My worst job was laying brick because it was hot and the bricks were heavy."



**Airman 1st Class
Matt Young**
355th Logistics
Readiness Squadron

"My worst job when I was younger was helping my stepdad work on cars because it was hot, I was laying on grass, oil was dripping on me and I banged my knuckles on metal."



**Airman 1st Class
Ivy Haddaway**
355th Communications
Squadron

"My worst job was breeding German Shepards and getting trampled on."



**Airman 1st Class
Lawrence Robinson**
355th Comptroller
Squadron

"My worst job was washing dishes at a fast food restaurant because the dishes were disgusting."

(Editors note: Next week's Final Answer question is: **"What do you think it's D-M's best strength in war?"** If you would like to submit an answer for an upcoming edition of the Final Answer column, contact the Desert Airman staff at desert.airman@dm.af.mil or Airman 1st Class Clark Staehle at 228-5092. Volunteers who submit answers must be available to take a picture during the same week.)

A WORK OF ART

How experiences add to the canvas of life

By Chaplain (Capt.) Matthew Boarts
355th Wing chapel

Our lives are a work of art that are constantly being created. Our lives are not like buildings being built. We always have the opportunity to make changes and improve the pictures we see in our lives.

I once stood on a high mountain trail near the "Window" just north of Tucson. As I surveyed the scene with another hiker, we noticed that, up close, the mountains do not look very neat. There were boulders strewn about randomly. Many of the rock features looked precarious — as if they were about to topple into the valley below.

"God isn't a very good architect," the other hiker remarked.

"No, he isn't really an architect at all," I replied. "He's more of an artist."

It was at that moment I realized our lives are more like works of art than buildings. For God is indeed an artist.

If our lives were like buildings, then our mistakes would be like weak bricks. Buildings cannot be built on weak bricks. Our mistakes would cause our lives to soon crumble if they were like buildings.

But if an artist makes a mistake on a canvas, that mistake can soon be covered by additional brushstrokes. Of course, it does take more effort to conceal a mistake made in red than a mistake made in white. Some of our mistakes do take more effort to overcome than others.

Consider the colors in a painting. We enjoy all the bright colors like blue, red, yellow, orange and green. But the painting also needs the dark hues of black, grey and brown. Without both the bright and the dark the painting would be incomplete.

In our lives we look forward to the bright and joyful days: the brilliant colors on the canvas. But we all need the dark and foreboding days. Without those dark days, our lives would be incomplete.

God takes the bright and the dark and paints them into a beautiful piece of art. But we won't know what He is creating until He is finished. Often we do not know why things happen, but God makes everything work together to make us complete.

Sometimes, the canvas of our lives is torn. It is more than a misplaced splotch of paint: it is a wound. And we fear all is ruined.

Some things in life are so horrible that they cannot be covered up, cannot be erased and cannot be made part of a beautiful piece of art no matter how it is arranged. These things are rips in the very fabric of who we are.

For these injuries, God provides a beautiful golden thread — forgiveness, grace and mercy. With this golden thread, God binds the hole. Where there once was injury, God creates a magnificent testimony to his power.

The place of ruin becomes a place of beauty.



The gold sparkles and gives life to the entire canvas. With God there is always hope.

If our lives were like buildings, the injury would bring everything crashing down.

Since our lives are like works of art, the traumas we encounter can be overcome.

What is God creating in your life? If you have made mistakes, have no fear. You can overcome them. If you have been injured and your canvas is torn — take heart and look for the golden thread. Enjoy the bright days and the dark days of life knowing that the Artist is ever at work.



Sonoran Spotlight

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member — officer, enlisted or civilian — of Davis-Monthan Air Force Base.)

This week's Sonoran Spotlight is Staff Sgt. Dustin Prowell of the 355th Civil Engineering Squadron. Sergeant Prowell is the NCO in charge of the explosive ordinance disposal. According to Chief Master Sgt. Edmond Lubbers, Sergeant Prowell was nominated for the spotlight because he is an "outstanding EOD troop and NCO."

The following are Sergeant Prowell's responses to a variety of questions.

Career goals: I'm planning on retiring at 20 right now and would like to make senior master sergeant before I retire.

What has been your best assignment and why: My favorite assignment was a deployment while I was assigned to Royal Air Force Lakenheath, England. We deployed a six-man team to Cervia Air Base, Italy for almost five months. There were no tents for us, we lived in the hotels on the beach. The food was unforgettable and there were no Americans there until we showed up. The Italians treated us great and being submerged into their culture was a "once upon a lifetime" experience.

What is the best advice you've received in the Air Force? You get more done with a handshake than you do with paperwork.



Courtesy photo

Name someone who inspires you (or who you admire) and why: I admire Chief Lubbers. The man commands respect without demanding it. Chief is the poster child for the core values, yet you will never here him preach about them. He "acts" rather than "talks" and I respect that. I'm pretty sure he could name every member of the 355th CES along with their kids too. Not too mention he can still outrun everyone in the squadron.

Volunteers needed for Earth Day event

By Stephanie Ritter
355th Wing Public Affairs

April 16 there will be an Earth Day Festival on the grounds of the Tucson Children's Museum and Armory Park, 200 South Sixth Ave. The festival will include a half-mile parade with floats made out of recycled materials.

Anyone with an environmental theme can participate in the festival and parade. Prizes will be given to winning entries in several categories. Those interested in participating can call 398-4550.

The event coordinators are looking for members of the D-M community to help volunteer throughout the weekend.

"The volunteer dates are April 15 and 16," said Staff Sgt. Timothy Hughes, 355th Logistics Readiness Squadron NCO in charge log plans. "We will need 10 volunteers for April 15, 40 volunteers for April 16 set-up and 15 volunteers for breakdown. I am the base point of contact for the volunteers for this event. Those who want to volunteer to help, can contact me at 228-1141 and I will add them to the roster."



Smoke signals the simulation of a plane crash as part of D-M's Major Accident Response Exercise. The purpose of the MARE was to prepare and train Airmen regarding situations that could possibly occur during Aerospace and Arizona Days.

Davis-Monthan Airmen participate in MARE

By Airman 1st Class Clark Staehle
355th Wing Public Affairs

Airmen from D-M participated in a Major Accident Response Exercise here March 11 to help prepare for emergency situations during the upcoming 2005 Aerospace and Arizona Days April 2 and 3.

The exercise included a scenario of an aircraft crash during an airshow.

"An exercise like this allows us to test our ability to respond to an incident and validate our emergency procedures," said Lt. Col. Ken Edwards, 355th Wing chief of inspections, plans and programs.

"Even though the exercise simulated an airplane crash, there has never in the history of airshows been an incident where the crowd was injured by a U.S. demonstration team," Colonel Edwards said.

The exercise brought Airmen from all over D-M together with outside agencies, such as Pima County Sheriff's Department, Pima County Office of Emergency Management and Homeland Security, Northwest-Oro Valley Hospital and Southwest Ambulance Service, said Master Sgt. David Orrick, NCO in charge of wing inspections.

Because D-M has limited emergency facilities on base, it is crucial to plan for every outcome and to work in conjunction with off-base entities.

"It is important to test the readiness of our contingency plans with downtown agencies," Colonel Edwards said. "We are not anticipating an accident, but we are preparing for the worst."

According to Air Force instruction 10-2501, a MARE is required to be executed before any airshow is hosted, Sergeant Orrick said.



Photos by Airman First Class Christina Kinsey

(Above) Capt. Cesar Gonzalez, 355th Maintenance Operations Squadron, attends to simulated victim Airman 1st Class Samantha Bradshaw, 354th Fighter Squadron, during the Major Accident Response Exercise at Davis-Monthan.

(Right) Staff Sgt. David Dye, 355th Medical Operations Squadron, applies moulage to Airman 1st Class David Pennell, 355th Equipment Maintenance Squadron, as part of a simulated wound for D-M's Major Accident Response Exercise.



(Above) Master Sgt. Brady Hogue, 355th Medical Operations Squadron, along with fire fighters from the 355th Civil Engineer Squadron, remove a patient from a simulated crash site for the Major Accident Response Exercise.

Money

A closer look at currency around the world

By 1st Lt. Tony Wickman
Alaskan Command
Public Affairs

Across

1. USAF plane equipment
6. Owned
9. Alias, in brief
12. Karshi-Khanabad AB host country currency
13. Bagram AB host country currency
15. R&B group ___ Hill
16. The Greatest
17. NBA player Ming
18. Sn on periodic table
19. Charged particle
20. Djibouti currencies
22. Greek letter
23. Treebeard of *Lord of the Rings* was one
24. Confederate general
25. Bickers
27. Incirlik and Izmir

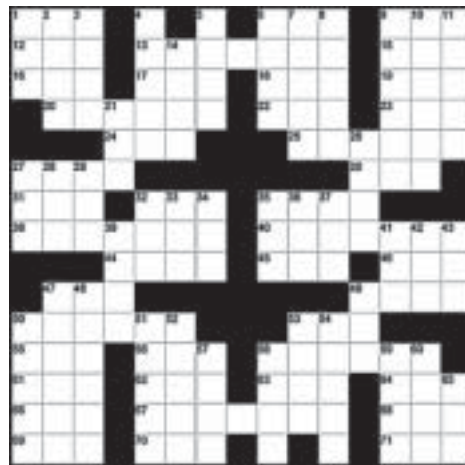
- ABs host country currency
30. Donkey
31. Fury
32. Manas AB host country currency
35. Missing work crime under UCMJ
38. Actress Redgrave
40. North Bay AS host country currencies
44. Separate
45. Air sovereignty operation since 9/11, in brief
46. Void
47. Golf score
49. Steak sauce
50. Guidons; for military units
53. Exclude
55. Drone
56. I Like ___; presidential slogan
58. Tuzla AB host country currencies
61. Card game

62. Old Air Force slogan, ___ High
63. Mining goal
64. Orange/Yellow result
66. Football scores, in short
67. Soto Cano AS host country currency
68. Mil. field meal
69. NYC time zone
70. Org. managing 32 Down
71. Misawa, Yokota and Kadena ABs host country currency

Down

1. Crazy ___ loon
2. ___ of Mexico
3. Prince
4. Western actor John
5. These can clash
6. Dislike intensely
7. Singer Bryant
8. Balad, Tallil and Kirkuk ABs host

- country currency
9. Goodbyes, in another form
10. Thule AB host country currencies.
11. Female relatives
14. Visage
21. Pie ___ mode
26. Animosity
27. Actress Tyler
28. Ret. account
29. Cartoon ___ & *Stimpy*
32. Military ID
33. Rumsfeld office symbol
34. Chinese chairman ___ Zedong
35. Bustle
36. Osan and Kunsan ABs host country currency
37. Bullring cheer
39. Ramstein, Spangdahlem, Aviano, Moron ABs host countries currency



(Solutions for this puzzle are on Page 25.)

41. Mil. address starter
42. Dog star ___ Tin Tin
43. Sault ___ Marie
47. RAF's Alconbury, Lakenheath, Mildenhall, Molesworth and Croughton country currencies
48. Close, but no cigar
49. Noah's vessel
50. Canal
51. Al Udeid AB host country currencies
52. Open and blue ender
53. Actress Roseanne
54. Regions
57. Actress Thompson
58. Drudge
59. Branch of DoD
60. Aircrew survival training, in short
65. Lair



Photo by Stephanie Ritter

Members of the Davis-Monthan community participate in the Fitness Boot Camp class, offered at the D-M Fitness and Sports Center Monday, Wednesday and Friday from 6 to 7 a.m.

Fitness Center Classes

The following list includes classes offered at both fitness centers with class fees if applicable. For more information, call 228-0021.

Monday

6 to 6:30 a.m. - Stomach Aerobics - Fitness Center
 11 a.m. to noon - Pilates - \$2 - FC
 11 a.m. to noon - Step Aerobics - Haeffner
 Noon to 1 p.m. - Spinning - Haeffner
 5 to 6 p.m. - Step Aerobics - Haeffner
 5 to 5:50 p.m. - Dang Soo Do (8-14 yr olds, white and yellow belts) - FC
 6 to 6:50 p.m. - Dang Soo Do (8-14 yr olds, orange belts and up) - FC
 6 to 7 p.m. - Yoga - \$2 - Haeffner
 7 to 8 p.m. - Dang Soo Do (15 years plus) - FC

Tuesday

Noon to 1 p.m. - Circuit Training - Haeffner
 Noon to 1 p.m. - Shallow Water Aerobics - \$1.50 or \$25 for 20 classes - Outdoor Recreational Pool
 5 to 6 p.m. - Spinning (Intense) - \$2 - Haeffner
 5 to 6 p.m. - Step Aerobics - \$2 - FC
 6 to 7 p.m. - Pilates - \$2 - FC
 6 to 7 p.m. - Tae Kwon Do, ages 5 to 17 - \$30 - Haeffner
 6 to 8 p.m. - Self Defense (Kyokushin) - \$25/month - FC

Wednesday

6 to 6:30 a.m. - Stomach Aerobics - Haeffner
 11 a.m. to noon - Pilates - \$2 - FC
 11 a.m. to noon - Step Aerobics - Haeffner
 Noon to 1 p.m. - Deep Water Aerobics - \$1.50 or \$25 for 20 classes - Outdoor Recreational Pool
 5 to 6 p.m. - Step Aerobics - Haeffner
 5 to 5:50 p.m. - Dang Soo Do (8-14 yr olds, orange belts and up) - FC
 6 to 6:50 p.m. - Dang Soo Do (8-14 yr olds, white and yellow belts) FC
 6 to 7 p.m. - Yoga - \$2 - Haeffner
 7 to 8 p.m. - Dang Soo Do (Adults) - FC

Thursday

Noon to 1 p.m. - Circuit Training - Haeffner
 Noon to 1 p.m. - Shallow Water Aerobics - \$1.50 or \$25 for 20 classes - Outdoor Recreational Pool
 5 to 6 p.m. - Step Aerobics - \$2 - FC
 5 to 6 p.m. - Spinning (Intense) - Haeffner
 6 to 7 p.m. - Pilates - \$2 - Haeffner
 6 to 7 p.m. - Tae Kwon Do, ages 5 to 17 - \$30 - Haeffner
 6 to 8 p.m. - Kyokushin - \$25/month - FC

Friday

6 to 6:30 a.m. - Stomach Aerobics - FC
 11 a.m. to noon - Pilates - \$2 - FC
 11 a.m. to noon - Step Aerobics - Haeffner
 Noon to 1 p.m. - Deep Water Aerobics - \$1.50 or \$25 for 20 classes - Outdoor Recreational Pool
 Noon to 1 p.m. - Spinning - Haeffner
 5 to 5:50 p.m. - Dang Soo Do (8 to 14 yrs, white and yellow belt) - FC
 6 to 6:50 p.m. - Dang Soo Do (8 to 14 yrs, orange belts and up) FC
 7 to 8 p.m. - Dang Soo Do (Adults) - FC

Saturday

10 to 11 a.m. - Step Aerobics - \$2 - FC

Sunday

11:30 a.m. to 12:30 p.m. - Step Aerobics - \$2 - FC

Fitness and Sports Center Pool

The indoor pool is open Monday through Friday from 5 a.m. to 8 p.m., Saturday from 8 a.m. to 5 p.m. and Sunday from 9 a.m. to 5 p.m. For more information, call 228-0015.

Outdoor Recreational Pool

The outdoor pool will be closed until May 1.

Health officials recommend changes to fitness program

Air Force health officials recommended seven changes to the fitness program during the program's first annual review.

This first annual assessment consists of reviews by three panels: functional, external and leadership, said Lt. Col. Sherry Sasser, chief of health promotions for the Air Force surgeon general. Air Force officials conducted the functional review while experts from outside agencies and universities gave their opinion in an external review.

The leadership review will begin in late April. Commanders and senior enlisted leaders will be randomly selected via e-mail to take a Web-based survey. The survey data will be compiled and forwarded to Air Force Chief of Staff Gen. John Jumper.

One consistent aspect of the program, however, is that Airmen worldwide are embracing fitness as a way of life.

"We are seeing a change in the culture of the Air Force," Colonel Sasser said. "Gyms are being used morning, noon and night and are packed. Units are running together. It's wonderful to see."

These changes can be seen across the Air Force, including at Davis-Monthan Air Force Base.

"I would say D-M is serious about working out," said Capt. Sirena Morris, 355th Services Squadron Combat Support Flight commander. "Overall usage (of the fitness centers) has increased dramatically since the beginning of the Air Force Fitness Test. One of the biggest increases we have seen is in squadron (physical training)."

To meet the increased demands of the base's Airmen, D-M's Fitness and Sports Center adjusted their hours of operation to 24 hours Monday through Thursday.

"We increased the hours of operation to support the 24-hour mission of Davis-Monthan Air Force Base," Captain Morris said. "Though a great majority of the base is 7:30 a.m. to 4:30 p.m., there are personnel who work mids and nights and we wanted to ensure they were

afforded the opportunity to get quality time in the fitness center. This is our commitment to ensuring all are fit to fight and focused on the Desert Lightning mission. One's physical health is a direct contributor to combat capability."

In the interest of fostering the positive trend, officials said they are considering the following changes to better the Air Force's fitness program.

- ◆ Award full points on the body composition component of the test if the body mass index is within a healthy range. The Air Force is adding height and weight back into the standard to accommodate Airmen unable to obtain the minimum abdominal circumference but are still at a normal weight for their height. National Institute of Health officials define an index of less than 25 as a normal or healthy weight.
- ◆ Move the waist-circumference measurement to a controlled area for people rated poor or marginal and are being retested to reduce inconsistencies.
- ◆ Lengthen run times for tests conducted at higher elevations.
- ◆ Retest Airmen who are rated "marginal" at 90 days instead of 180 days.
- ◆ Promote nutrition as an important aspect of education and intervention.
- ◆ Emphasize regular physical training rather than test results.
- ◆ Reinforce commanders' accountability.

A proposed change to weighing the programs components at 60-20-10-10 instead of the current 50-30-10-10 was rejected. The weighted areas, expressed in percentages, correspond to the run, waist measurement, crunches and push-ups.

Two smaller changes will be made to the assessment criteria. Values for females aged 50 to 54 were not consistent with all other age categories, so officials will adjust the criteria according to American College of Sports Medicine standards. A category was also added for people older than 60.

The program changes are expected to be implemented in June, officials said.

(Information courtesy Air Force Print News.)

D-M chess players compete for chance to play at AF level

By Stephanie Ritter
355th Wing Public Affairs

D-M hosted a Chess Tournament for members of the Desert Lightning Community Monday.

Twelve participants from around the base gathered at the Community Center to see who might have the opportunity to represent D-M at the Air Force level tournament. D-M will host the tournament in May.

The winner of the tournament was Staff Sgt. Joseph Pabalinas from the 355th Logistics Readiness Squadron.

Second place went to Tech. Sgt. Phillip D'Amour, 612th Air Communications Squadron, and third place went to Staff Sgt. Ronald Cruz, 355th LRS.

While the winner of Monday's event must submit an intention to play in the Air Force Chess Tournament, D-M already has an Airmen scheduled to play. Reigning chess tournament champion, Staff Sgt. Robert Keough, 563rd Operations Support Squadron, received a bid to compete in the Air Force Chess Tournament.



Photo by Chris Sweeney

Staff Sgt. Matthew Pearce, 563rd Operations Support Squadron, concentrates on his first move during a game at Davis-Monthan's Chess Tournament. The tournament was held at the Desert Lightning Community Center Monday.

Basketball

Monday/Wednesday under 30

Team	W-L-T
355 AMXS 1	11-2-0
755 AMXS	11-2-0
ANG	9-2-0
CES	8-4-0
563 MXS 1	5-7-0
EMS	5-8-0
41 ECS	2-9-0
755 OSS	2-10-0
ARMY	2-11-0

Tuesday/Thursday under 30

Team	W-L-T
SFS	13-1-0
LRS	10-4-0
CMS	9-5-0
DECA	8-5-0
SVS	8-5-0
355 OSS	7-6-0
355 AMXS 2	6-8-0
Med Gp	4-10-0
CS	3-10-0
563 MXS 2	0-14-0

(Editor's Note: Information current as of Tuesday. The playoffs for the Intramural Basketball season kicked off this week. For more information regarding playing times, call 228-0022.)

Chapel Information

Services and activities offered by the D-M chapel are listed below. For more information on Jewish or Muslim services; Sunday School programs; Vacation Bible School; Bible studies; youth groups; and ministries, call 228-5411.

Easter Catholic Mass schedule

Thursday: Holy Thursday Mass at 7 p.m. at Desert Dove Chapel.

March 25: Stations of the Cross at 3 p.m. Good Friday Service at 7 p.m. Both are at the Desert Dove Chapel.

March 26: Easter Vigil Mass is at 7 p.m. at Desert Dove Chapel.

March 27: Easter Mass is at 7:30 and 10 a.m. at Desert Dove Chapel.

Easter Protestant Services schedule

Thursday: Seder Meal and Communion are at 6 p.m. at Hope Chapel

March 25: Good Friday Service is at 11:30 a.m. at Desert Dove Chapel

March 27: Sunrise Services is at 6 a.m. on the lawn in front of the Desert Dove Chapel. Easter Contemporary Service is at 9:45 a.m. at Hope Chapel. Easter Traditional Service is at 11:15 a.m. at Desert Dove Chapel and the Easter Gospel/Inspirational Service is at 11:15 a.m. at Hope Chapel.

Stations of the Cross

Stations of the Cross are being prayed each Friday during Lent in the Desert Dove Sanctuary at 5 p.m. A meatless soup and bread supper follows in the Desert Dove Annex. All are invited to participate in this Lenten devotion.

Education Services

Senior NCO academy testing

Effective April 1, the testing for Course 12 will be a single testing session every Wednesday at 10 a.m. The maximum number allowed to test during this session is 14. For more information, call Phil King at 228-3812.

Visits from college representatives

A representative from The University of Phoenix will be available Tuesday from 1:30 to 3:30 p.m. in Building 3200, Room 243. Appointments and walk-ins are welcome. For more information, call Liz Cummins at 239-5252.

A representative from Northern Arizona University will be available Wednesday from 1:30 to 3:30 p.m. in Building 3200, Room 241. Appointments and walk-ins are welcome. For more information, call 879-7900. The point of contact for the event is Debra Castelan at 879-7932 or at Debra.Castelan@nau.edu.

Park University closure

Park University's office will be closed March 25 in observance of Good Friday. However, students should check with their instructor to verify which classes will be held. For more information, call 748-8266.

Commissioning briefing

The Reserve Officer Training Corps/Medical

Programs commissioning briefing will be Thursday at 2 p.m. in Building 3200, Room 243. For more information, call Norma White at 228-4249 or Rafael Maldonado at 228-3484.

New PSA online program

Charter Oak State College, a regionally accredited college, is now offering a new online Bachelor's Degree Program in Public Safety Administration. The PSA program is designed for individuals working in all public safety sectors and those in the military. For more information, call Bob Frederick at (860) 832-3868 or send an e-mail to bfrederick@charteroak.edu.

Family Support Center

Veteran's Affairs Claims Assistance

A Veteran's Affairs representative will provide group appointments concerning veterans and disability benefits Monday at 1 p.m. in Building 3200, Room 243. To sign up, call 228-5690.

Pre-separation Counseling Class

The Pre-separation Counseling Class is mandatory for all separating Airmen. The next classes are Tuesday and March 29 at the D-M Family Support Center from 9 to 10 a.m. The class will acquaint departing members with services and agencies available to help them transition to the civilian workforce. The class size is limited to 20 attendees and should be scheduled no later than 90 days before separating. To sign up, call 228-5690.

Right Start Base Orientation

Right Start Base Orientation is designed to welcome all newcomers to Davis-Monthan. Leadership and base agencies discuss a variety of programs and services available. The next orientation is Tuesday from 8 a.m. to 4 p.m. at The Desert Oasis Enlisted Club. Medical Right Start is from 12:40 to 4 p.m. Free childcare is available but must be arranged ahead of time. For more information, call 228-5690.

Hearts Apart Welcome Home Banners

Those whose spouse is currently deployed are invited to join the Hearts Apart Group Wednesday to make welcome home banners. The event is from 6:30 to 8 p.m. at the Hope Chapel. All supplies are furnished but individuals must be registered with Hearts Apart to attend. The event will also include free pizza and refreshments. For more information, or to register by Monday, call 228-5690.

Happenings

Arizona Aerospace Foundation

The Annual Meeting of the Membership for the Arizona Aerospace Foundation is Sunday at 3:30 p.m. at Pima Air and Space Museum's Stitt Auditorium. Light refreshments will be served. For more information, call 574-0462.

Artie Shaw Orchestra

The Artie Shaw Orchestra will perform at Rincon/University High School Auditorium

March 29 at 7 p.m. Tickets for the event are available at Instrumental Music Center, Beaver's Band Box, Kid's Center or by mail at RUMBA, P.O. Box 57151, Tucson, Ariz. 85732. For more information regarding the event, visit www.rangerband.org or call 322-9797.

Kindergarten Round-Up Day

Smith Elementary School will hold their Kindergarten Round-Up Day March 29 from 9:30 to 10:30 a.m. for students who will be five years old by Aug. 31. There will be a brief orientation for parents while future students will visit a classroom. Parents are asked to bring immunization records, birth certificate and proof of residence. Parents may also stop by the school for registration papers from 7:30 a.m. to 3:30 p.m. For more information regarding the cost of the event, call the school office at 584-7300.

Low-fat cooking class

The Davis-Monthan's Health and Wellness Center will host a free low-fat cooking class March 31 at 11 a.m. The main course for the class will be turkey chili with mushrooms. For more information regarding the class, or to sign up, call 228-2294 or 228-1003.

OSC Charity Gala & Silent Auction

The Davis-Monthan Officers' Spouses' Club Charity Gala & Silent Auction, "A Gift from the Heart" will take place April 16. Those who have not received an invitation but who would like one should contact either Elizabeth Kramlinger at 747-3037 or Carolyn Kincaid at 514-0948. Reservations must be made no later than April 1. Auction items are still being accepted. To make a contribution, contact Ms. Kramlinger or Ms. Kincaid at the above numbers. The Charity Gala and Silent Auction has a vintage 1940s United Services Organization theme. Those who have a seating preference are reminded they should indicate so on their R.S.V.P. card.

Thrift Shop

The Thrift Shop, located on D-M across from the bowling alley, is open Tuesdays and Wednesdays from 9 a.m. to 2 p.m., with consignments closing at 1 p.m. The Thrift Shop will be closed April 2 for Aerospace and Arizona Days.

Black Heritage Association

The BHA is seeking motivated individuals to be a part of the 2005 executive committee. Election of new committee officers will be held April 1 from 10 to 11 a.m. in the 355th Wing Military Equal Opportunity Office classroom located in Building 2300. For more information concerning the various positions, the constitution or the by-laws of the BHA, please contact Tech. Sgt. Robin Hawkins at 228-2688 or Tech. Sgt. Robin Boyd at 228-5620.

Trip to Yellowstone

For those thinking of traveling to Yellowstone National Park this summer, Mountain Home Air Force Base, Idaho has 13 trailers available for active duty, retired military, Department of Defense civilians and dependents to rent. For more information, or to make reservations, call (208) 828-6333.



Photo by Chris Sweeney

Larry Trueax, 355th Services Squadron Auto Skills Center manager, replaces the studs on a wheel and works on the brakes of a customer's car. The staff at the Auto Skills Center can assist members of the D-M community with a wide variety of car care needs.

Auto Skills Center services, specials

The Auto Skills Center is offering D-M personnel several deals during March. State-of-the-art automotive equipment is available on a self-help or technician-assisted basis. In addition to the drive-in bays with their hydraulic lifts, patrons can paint their cars, rebuild their engines and do many other auto repairs and preventive maintenance routines.

The Auto Skills Center will be open for 36 hours straight from 8:30 a.m. today until 9 p.m. Saturday. This will provide shift personnel and personnel with large jobs that cannot be completed in a couple of hours the opportunity to work on their vehicles for an extended period of time. The center will provide pizza for patrons at 7 and 9 p.m. Saturday.

The center is also offering an oil change special in March. Get up to five quarts of oil and a new filter for \$18.75. Patrons can also get up to five quarts of synthetic oil and a new extended life oil filter for \$29.95. The service includes an oil and filter change as well as a check of all tires, belts and fluids. This special is for all cars and lights trucks.

A conversion service is available for first time synthetic oil users. Service includes purging old engine oil and adding new synthetic oil and an extended life filter for \$45. This service is available by appointment only.

For more information regarding any of the March specials or any of the services offered by the Auto Skills Center, visit Building 4531, or call 228-3614.

Services Activities

Information for the Services Activities section courtesy of Chris Sweeney, 355th Services Squadron. For questions regarding this information, contact Mr. Sweeney at 228-7352.

Teen Air Force Space Camp deadline

Today is the deadline for youth interested in applying to attend the Air Force Space Camp Program. The camp will be held at the U.S. Space and Rocket Center in Huntsville, Ala. Attendees are divided into two age divisions: Space Academy is for ages 12 to 14 years and Advanced Space Academy is for ages 15 to 18 years. Both camps will be conducted from July 31 to Aug. 5. This program is open to family members of active duty military, Air Force retired military, Air Force Department of Defense civilian employees and active Air National Guard and Air Force Reserve members.

Attendees will participate in a wide variety of physical activities, hands-on experiences and classroom activities. Interested youth must have a minimum 2.8 GPA and complete an application packet available at the D-M Youth Center. All applications must include recommendation letters from two adults other than parents or

guardians. The recommendation letters should be 100 words or less. Final selections will be announced by May 13. Selected participants are responsible for their own transportation to Huntsville no later than July 31. Attendees will not be accompanied by an adult chaperone from their youth center. Parents or guardians must allow their youth to travel unaccompanied or must make other arrangements. Lodging, meals and activity fees will be covered by Headquarters U.S. Air Force Family Member Programs. For more information regarding Air Force Space Camp, call 228-8373.

Community Center closures

The Desert Lightning Community Center will be closed today through Sunday for floor and carpet cleaning. For more information regarding the closure, call 228-3717.

D-M CDC openings

The Davis-Monthan Child Development Centers have openings for pre-toddlers from ages 1 to 2 years, toddlers from ages 2 to 3 years and preschool children from ages 3 to 5 years. For more information regarding the openings, call 228-6463 or 228-6465.

Services Activities

Arts and Crafts Center.....228-4385

Tues., Wed. and Fri. 9 a.m. to 5 p.m.; Thurs. 10 a.m. to 7 p.m.; Sat. noon to 4 p.m.

Auto Skills Center.....228-3614

Tues. - Fri. 8:30 a.m. to 8 p.m.; Sat. 9 a.m. to 9 p.m.; Closed Sun. and Mon.

Blanchard Golf Course.....228-3734

Daily, sunrise to sunset

Bowling Center.....228-3461

Mon. - Thurs., 8 a.m. to 8 p.m.; Fri. 8 a.m. to 11 p.m.; Sat. 9 a.m. to 11 p.m.

Cabanas.....747-3234

Mon. - Thurs. 10:30 a.m. to 8 p.m.; Fri. 10:30 a.m. to 10 p.m.; Sat. and Sun. 3 to 8 p.m. No deliveries between 2 and 4 p.m. Mon. - Fri.

D-M Child Development Center.....228-3336

Mon. - Fri. 6:30 a.m. to 5:30 p.m.

Community Center.....228-3717

Mon. - Thurs. 7 a.m. to 9 p.m.; Fri. 7 a.m. to 1 a.m.; Sat. noon to 1 a.m.; Sun. noon to 6 p.m.; Weekday before a holiday is 7 a.m. to 1 a.m.; Weekend day before a holiday is noon to 1 a.m.; Holidays noon to 6 p.m.

Desert Inn Dining Facility.....228-5501

Mon. - Fri. 5:15 to 7:45 a.m.; 10:30 a.m. to 1 p.m.; 3:30 to 6:30 p.m. and 11 p.m. to 1 a.m.; Sat., Sun. and holidays 6 a.m. to 1 p.m. and 4 to 6 p.m.

Desert Oasis Barber Shop.....748-8710

Mon. - Fri. 8 a.m. to 5 p.m.; Sat. 8 a.m. to 1 p.m.

Desert Oasis Enlisted Club.....228-3100

Cashier Tues. - Fri. 10 a.m. to 5 p.m.; Shockwave Lounge opens at 3 p.m. Wed. - Fri. Lunch Mon. - Fri. from 11 a.m. to 1 p.m. Caterer Tues. - Fri. by appointment only.

Eagles Nest Restaurant.....228-7066

Located at the Golf Course: Mon. - Fri. 6 a.m. to 3 p.m.; Sat. and Sun. 6 a.m. to 4 p.m.

Family Child Care.....228-2201

Mon. - Fri. 7:30 a.m. to 4:30 p.m.

Finley Child Development Center.....228-6463

Mon. - Fri. 6:30 a.m. to 5:30 p.m.

Fitness and Sports Center.....228-0022

Mon. - Thurs. open 24 hours; Fri. 5 a.m. to 11 p.m.; Sat. 8 a.m. to 8 p.m.; Sun., holidays, UTE days 9 a.m. to 7 p.m.

Haefner Fitness Center.....228-3714

Mon. - Fri. 5:30 a.m. to 7 p.m. Closed weekends, holidays and UTE days.

Inn on Davis-Monthan.....748-1500

Information, Tickets & Travel.....228-3700

Mon. - Tues. 9 a.m. to 5 p.m.; Wed. 10 a.m. to 5 p.m.; Thurs. and Fri. 9 a.m. to 5 p.m.; Sat. 10 a.m. to 2 p.m.

Library.....228-4381

Mon. - Thurs. 10 a.m. to 8 p.m.; Fri. 10 a.m. to 6 p.m.; Sat. 10 a.m. to 5 p.m.

Outdoor Recreation and Equipment Rental.....228-3736

Mon. - Tues. and Thurs. - Fri. 8 a.m. to 5 p.m.; Wed. 10 a.m. to 5 p.m.; Sat. 10 a.m. to 2 p.m.

Outdoor Recreational Pool.....228-3759

Closed until May.

Paintball Range.....228-3736

Sat. and Sun. 8:30 a.m. to 2 p.m. Call to book weekday hours.

Stormy's Cyber Cafe.....228-3717

Mon. - Fri. 7 a.m. to 2 p.m.

The Mirage Officers' Club.....228-3301

The Mirage will be closed for renovations until July. All lunch, cashier, catering and special evening dining has been moved to the Desert Oasis Enlisted Club. The Polly Bar will remain open during the construction project. Polly Bar opens at 4 p.m. Thurs. and Fri.

The Mirage Barber Shop.....748-8968

Mon. - Fri. 8 a.m. to 4 p.m.

Veterinarian.....228-3529

Subject to change: Mon. - Fri. 7:30 a.m. to 4 p.m.

Youth Center.....228-8844

Tues. - Fri. 5:30 a.m. to 9 p.m.; Sat. noon to 8 p.m.



